

# Face Shield Assembly Instructions



## Materials and Tools

1. PET plastic sheet
2. Foam strip (7")
3. Elastic band (14.5")
4. Zip ties
5. Scissors
6. Measuring tape or ruler

# Face Shield Assembly Instructions



## Step 1

1. Line up your materials as shown in the photo on the first page.
2. Start with the PET sheet.

# Face Shield Assembly Instructions



## Step 2

1. Peel the sticker off a foam pad being careful to not let the sticky side fall on another surface.

# Face Shield Assembly Instructions



## Step 3

1. Align the foam strip centered on the PET sheet, approximately 1" from the top.
2. Apply to the plastic sheet and firmly and evenly press down the foam.

# Face Shield Assembly Instructions

## Step 4

1. Take an elastic band and insert one of the corners into the left rectangle on the PET sheet.



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## Step 5

1. Pull the elastic band 1" through the rectangle.





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## Step 6

1. Wrap the zip tie around elastic band against the PET sheet and pull to tighten.



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## Step 7

1. Cut the excess zip tie off with scissors.





# Face Shield Assembly Instructions



## Step 8

1. Take the other side of the elastic band and insert one of the corners into the right rectangle on the PET sheet.
2. Pull the elastic band through 2".

**\*\*This is the adjustable side\*\***



- # 1. The shield is complete!

# Face Shield Assembly Instructions



## Step 10

1. Return to Step 1 to complete assembly using all provided materials.
2. You're finished. **Thank you for keeping our healthcare heroes safe!**

Not a real healthcare worker

# Face Shield Assembly Video

